

**Urban Sustainability Retreat**  
**KCMO Fall 2021**  
**Saturday, Oct. 23–Sunday, Oct. 24**

Saturday, Oct. 23

**7:00am – 9:00am Drive from MHK to KCMO**

**9AM–11AM: Rewild the Blue River**

- **Remove invasive honeysuckle from the Blue River.**  
Pack bug spray and clothes you can wear in the woods

**11AM–11:30AM: Travel to Urban Garden**

**11:30AM–12PM: Urban Garden Tour**

**12PM–1PM: Travel to Air B n B and shower/change**

**1PM–2PM: Lunch at Pirate s Bone Burgers (Vegan, very cool)**  
[https://www.orderpiratesboneburgers.com/ /](https://www.orderpiratesboneburgers.com/)

**2:00PM–2:30PM: Travel + Ollama Coffee**

**2:30PM–5PM: Holocaust Exhibit at Union Station**  
Afterwards debrief session: The Global Impacts of Genocide

**5PM–6PM: Hiking the Blue River**

**6PM–6:30PM: Travel**

**6:30pm – 8:30pm: Dinner at the Farmhouse or Westside Local**  
<https://thewestsidelocal.com/menu/>  
<https://www.eatatthefarmhouse.com/menu-I>

**8:30PM: Chill and hang in Westport**

Sunday, Oct. 24

**9AM–11AM: Wake up and Breakfast**

**Head back to MHK**

